



EAGLE EYE

March/April
2011

Volume 5 Issue 3

Mission Statement: *F.W. Springstead High School promotes an educational environment where students are: challenged, successful, and inspired.*

F. W. Springstead High School Newsletter

F.W. Springstead H S
3300 Mariner Blvd
Spring Hill, FL 34609

Phone: 352-797-7010

FAX: 352-797-7110

Web Site:

www.hcsb.k12.fl.us/shs

PRINCIPAL:

Ms. Susan Duval ext 405

ASSISTANT PRINCIPALS:

Ms. Jackie Agard	422
Ms. Gina Michalicka	402
Mr. Steven Crognale	404
Ms. Evelyn Gann	403

GUIDANCE COUNSELORS*:

*Students are assigned to a Guidance Counselor based on their last names.

Ms. Baker	204	A - Ci
Ms. Reyes	217	Cl-Ga
Ms. Janie McAlpine	218	Ge-La
Ms. Jan Pletincks	424	Le-Oz
Mr. Espinosa	216	Pa-Sc
Ms. Mary Jo Hillis	219	Se - Z



Phone numbers to know:

Attendance 416/411

Clinic 200

Guidance 352-797-7066

Guidance Fax: 352-797-7157

Please address any concerns or comments to
Newsletter committee c/o Guidance Department

Greetings From Eagle Country

Dear Parents:

We are having a very exciting school year at Springstead High School, and we are very proud of the accomplishments of our students. They have excelled in many areas of academics, the arts and sports with several competing at the state level.

We believe that good communication with our parents and all stakeholders is critical to a successful school. We are delighted to see that most of our parents are using the Edline Parent Portal so that you will have up-to-date information about your child's progress. If you have any questions about Edline, please call Evelyn Rios at extension 415. If you have any question about your child's progress, please contact your child's counselor to set up a conference.

We just completed FCAT Writes and it went very well. Over 95% of our tenth-grade students were tested. Later, you will be receiving information and dates for FCAT Reading, Math and Science. If your child is to be tested, please see that he/she gets plenty of rest and is present on the day of testing.

We hope that you always feel welcome at Springstead High School. We are here to serve our students, parents and community. Have a safe Spring Break.

Sincerely,
SHS Administration



READY FOR COLLEGE
SEMINAR

Springstead High School proudly presents the
“Ready for College—Financial Aid Seminar”.

Thursday, March 10th at 6:30pm in the Cafeteria

Special Guest Speaker—Ms. Karin Glessner of PHCC

As an expert at Pasco Hernando Community College on Financial Aid, Ms. Glessner will be presenting on the latest federal rules and regulations for obtaining financial aid.



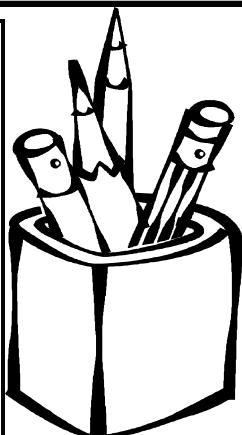


GUIDANCE DEPARTMENT

Scholastic Assessment Test SAT DATES

March 12, 2011 @ SHS
June 4, 2010

www.CollegeBoard.com



American College Testing ACT DATES

April 9, 2011 @ SHS, HHS, NCTSJJ
June 11, 2011 @ SHS

www.Actstudent.org



CEEB = College Entrance Examination Board Code
FW Springstead CEEB = 101624

Application
is
Free!

Attention Seniors

Complete the FAFSA (**Free Application for Federal Student Aid**) form and submit it as soon after January 1 as possible. This form requires information from your 2010 Federal Income Tax Returns.

PIN numbers are required to apply online. Apply for your PIN numbers (both parent and student) while waiting for your Income Tax forms.

Because most financial aid is based on need, it is necessary to have an objective way to determine how much a family can afford to pay. The FAFSA is used to determine this amount. The information you give (income, assets, etc.) is applied to a formula, and the amount a family should be able to afford (Estimated Family Contribution or EFC) is electronically calculated.

Two to six weeks after you have submitted your FAFSA, you and the colleges you designated on your FAFSA, will receive a copy of your Student Aid Report (SAR).

Colleges will use the information from your SAR to determine your eligibility for financial aid.

Visit www.fafsa.ed.gov now and download the FAFSA Web Worksheet. Applying online with FAFSA on the Web is faster and easier than using a paper FAFSA. Visit www.fafsa4caster.ed.gov and find out if you will be eligible for a Pell Grant.

NOTE: Financial aid is generally awarded on a "first come, first serve" basis, so get your FAFSA in early.

NOTE2: Males who are 18 years of age or older must register for the Selective Service in order to receive federal financial aid.



GUIDANCE DEPARTMENT



RESOURCES FOR SENIORS

www.facts.org

Information on colleges, scholarships, career assessments and a link to Bright Futures

www.federalstudentfinancialaid.ed.gov

Federal Financial Aid
Apply beginning January 1, 2011

www.hcsb.k12.fl.us/shs/scholarships

Springstead Scholarships
Check often for new postings

www.act.org

Sign up for the ACT Exam

www.collegeboard.com

Sign up for the SAT

www.floridastudentfinancialaid.org

Bright Futures Registration

PRIDE AWARDS

In order to be nominated for the PRIDE award, students must meet at least one of the criteria listed:

1. Demonstrated improvement in grades, behavior or attitude.
2. Achievements in test scores.
3. Exhibit pride in being a student at Springstead High School.
4. Show an act of kindness and/or concern of others.

The vision of Springstead High School...Advancing Excellence, Building Community, Choosing Responsibility is evident through our PRIDE students.



Attention Parents!

Don't forget to use your Edline Account!
Your Parent Portal to online access to your child's school information.

To obtain your Edline password, please call Ms. Rios in Guidance at ext. 415

SENIORS

Please bring a copy of your college acceptance letter(s) to Mrs. Rios in the Guidance Office.

Thank you

All Students

Go crazy applying for scholarships and grants. These are always the best avenues to cover tuition and other college expenses because you never have to repay the money.

Start with :

www.hcsb.k12.fl.us/shs

click on *scholarships, helpful sites, etc.*
Stop procrastinating and download the *applications!!!*



GUIDANCE DEPARTMENT



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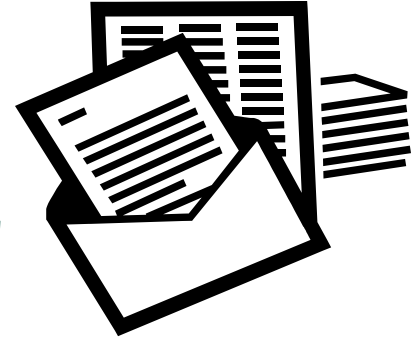
Sun Trust Bank - \$1,000 Scholarship. Fifteen chances to win. One winner every two week, from October 29, 2010 - May 13, 2011. Seniors may begin registering September 17, 2010, and the first drawing will be held on October 29, 2010. Scholarship check will be payable to the winner's school of attendance. Only one entry per person for each drawing, however students can register after each drawing for the next scheduled drawing. **Apply online:** www.offtocollege.info **Beginning October 29, 2010 - May 13, 2011**

United Communities of Hernando County, Inc. Minimum GPA 3.5 This \$500 scholarship will be awarded on the basis of eligibility, scholastic achievement, participation in school, community affairs and financial need. Essay 500 words max explaining why you feel that you are deserving of this scholarship... **Deadline: March 11, 2011**

Kohl's Cares Scholarship Program Grades 9-12, nomination, community service Kohl's plans to recognize more than 2,000 kids ages 6-18 with prizes ranging from **\$50 gift cards to \$10,000** scholarships. Nominations should describe who the nominee has contributed in a meaningful way by performing volunteer services that helped non-family members. The volunteer activity must have occurred within the last 12 months. **Nominate online:** www.kohlskids.com **Deadline: March 15, 2011**

Brookridge Woman's Club Seniors A short essay with information on your choice of career or major. Also include information about your family and a specific statement of financial need. Applications must be returned by March 10, 2011 to Brookridge Woman's Club, Mrs. Marilyn Duffek, 15139 Brookridge Blvd., Brooksville, FL 34613. **Deadline: March 10, 2011**

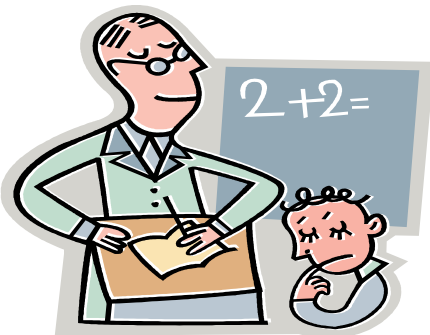
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Getting Teacher Recommendations

Most selective colleges and employers ask their applicants to submit two recommendations from teachers. These can have an important bearing on your chances, particularly if they are negative. Here are some guidelines that should help you secure better recommendations:

1. **Be Prompt.** Teachers have too much to do as it is. Writing recommendations takes a lot of time, especially if you attend a big school and the teachers you ask are popular. Give your recommenders plenty of time.
2. **Make It Easy for Them.** When you ask teachers to write recommendations for you, give them everything they need, including your application deadline and a stamped, addressed envelope. Give them a copy of your resume to which they can refer.
3. **Waive Your Rights.** You have the legal right to read the stuff colleges have in their files about you. Virtually all recommendation forms include a little box where you can waive this right by signing your name. By all means, waive the right and sign the waiver before you give the forms to your teacher.
4. **Pick Wisely.** In general, when choosing recommenders, you should do the following:



Pick teachers who know and like you.

Pick teachers who will absolutely write positive things about you.

Pick teachers in fields where your principal interests lie.

Pick teachers who are reliable.

Pick teachers who are good writers

5. **Send a Thank You Note.** Thanking a recommender is good manners. It's also a polite way to remind a forgetful teacher. Send your thank you note a week or two before the deadline.



WHAT YOUR HIGH SCHOOL RESUME SHOULD INCLUDE:

Heading: Use a larger font and center your name in CAPITAL LETTERS.

Type your complete home address and telephone number at the top of your resume.

Education: List the dates, the name and address of the high school(s) you have attended, also list the virtual classes and any college classes you have attended.

Leadership: List any leadership roles you have performed, e.g. officer of a club, leader of a class project, managerial positions in a sport or job.

Awards: List any and all awards, e.g. varsity letters for sports, academics, clubs, Honor Roll.

Extracurricular Activities: List teams and clubs you attended in school, church and community.

Volunteer Experience: List the names of clubs, businesses, etc. and the type of community service you performed.

Work Experience: List the dates in month and year, place of employment, job title, and details of your position.

Skills: List any skills you have learned, e.g. Microsoft Word, PowerPoint, graphing calculator.

Hobbies: List your hobbies.

Interests and Activities: List your interests and activities.





GUIDANCE DEPARTMENT



N H S

THE NATIONAL HONOR SOCIETY IS OFFERING TUTORING TO STUDENTS IN ALL SUBJECT AREAS. IF INTERESTED IN PARTICIPATING, PLEASE SIGN UP IN GUIDANCE AND A NATIONAL HONOR SOCIETY REPRESENTATIVE WILL CONTACT YOU TO ARRANGE A MEETING DATE.



All Students

Want to earn your **Community Service Volunteer Hours?**

Don't know where to go?

Just go to the
SHS Scholarship web page!

www.hcsb.k12.fl.us/SHS

Click on *Scholarships* then click on *Volunteer Hours*.

Many of the scholarships that are offered, require community service volunteer hours. So why not check out the list. You will be amazed at the difference you can make and the difference it makes in you.

The *Volunteer Hours* page includes:

- Boys and Girls Club
- Big brothers / Big Sisters
- Parks and Recreation
- Elementary and Middle schools
- Humane Society

YMCA of the Suncoast
and many more

SENIORS—CAP AND GOWN

The last day to purchase your Cap and Gown is quickly approaching!

Please see Ms. Fierro for payment.

TIPS FOR FRESHMAN YEAR



Start keeping a record of your "Activities and Awards". This record should include all school and community activities, leadership positions, honors, unique educational experiences, employment and volunteer work. Be sure to update this record at least once a year. This information will be very helpful later when you are required to list activities and honors on college and scholarship applications.

Study Coach reference website




www.how-to-study.com

- List the top ten study guides
- Student Experiences
- Study Tips
- Controlling Stress
- Memory Training

March 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 FCAT Writing	2 FCAT Writing	3 FCAT Writing	4 FCAT Writing	5
6	7	8 SAC meeting 6:30pm	9	10 Ready for College Seminar 6:30pm Cafe	11	12 SAT Testing
13 	14 Spring Break!	15 Spring Break!	16 Spring Break!	17 Spring Break!	18 Spring Break!	19
20	21	22	23	24 End of 3rd term	25 Professional Day PROM!	26
27	28	29	30	31		

April 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9 ACT Testing
10 	11 FCAT	12 FCAT	13 FCAT	14 FCAT	15 FCAT	16
17	18 Honor Roll Brunch FCAT 	19 FCAT	20 FCAT	21 FCAT 	22	23
24	25	26	27	28	29	30 Grad Night 