


August 2008 Elementary Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center">OFFERED DAILY</p> <p>Assorted 100% Fruit Juice</p> <p>Assorted Low Fat Flavored & Unflavored Milk</p>			<p align="center">LUNCH MEAL PATTERN</p> <p align="center"><i>Grades K-5</i></p> <p align="center">Choice of:</p> <p align="center">1 Entrée 2 Side Dishes 1 Milk (2-4 items)</p>	
<p>18</p> <p><u>Must Choose 1 Entrée:</u></p> <p>Chef Salad ●</p> <p>*Tuna Salad Pita ■</p> <p>Chicken Sandwich ◆</p> <p>Meatball Sub ▲</p> <p><u>Choice Of Side Dishes:</u></p> <p>Mixed Green Salad</p> <p>Seasoned Corn</p> <p>Chilled Mixed Fruit</p> <p><u>Choice Of Milk</u></p>	<p>19</p> <p><u>Must Choose 1 Entrée:</u></p> <p>*Tossed Vegetable Salad▲</p> <p>Ham & Cheese Hoagie ◆</p> <p>Beef Tacos ●</p> <p>BBQ Chicken Chips ■</p> <p>w/Roll</p> <p><u>Choice Of Side Dishes:</u></p> <p>Broccoli w/wo Cheese</p> <p>Baked Beans</p> <p>Chilled Peaches</p> <p><u>Choice Of Milk</u></p>	<p>20</p> <p><u>Must Choose 1 Entrée:</u></p> <p>*Caesar Salad ▲</p> <p>Turkey & Cheese Wrap◆</p> <p>*Stuffed Cheese Sticks ●</p> <p>w/wo Dipping Sauce</p> <p>Chicken Fajita ■</p> <p><u>Choice Of Side Dishes:</u></p> <p>Tossed Salad</p> <p>Potato Triangles</p> <p>Fresh Fruit</p> <p><u>Choice Of Milk</u></p>	<p>21</p> <p><u>Must Choose 1 Entrée:</u></p> <p>*Tossed Vegetable Salad ◆</p> <p>*PB&J Uncrustable ■</p> <p>Chicken Nuggets▲</p> <p>w/Breadstick</p> <p>Lasagna w/Breadstick ●</p> <p><u>Choice Of Side Dishes:</u></p> <p>Antipasto Salad</p> <p>Seasoned Green Beans</p> <p>Chilled Mixed Fruit</p> <p><u>Choice Of Milk</u></p>	<p>22</p> <p><u>Must Choose 1 Entrée:</u></p> <p>*Caesar Salad ◆</p> <p>Chicken Salad Wrap ■</p> <p>*Stuffed Crust Pizza ●</p> <p>*Fish Sticks w/Roll▲</p> <p><u>Choice Of Side Dishes:</u></p> <p>Lettuce & Tomato Salad</p> <p>Baked Chips</p> <p>Fresh Fruit</p> <p><u>Choice Of Milk</u></p>
<p>25</p> <p><u>Must Choose 1 Entrée:</u></p> <p>*Caesar Salad▲</p> <p>Turkey & Cheese Hoagie ◆</p> <p>Chicken Parmigiana Sandwich</p> <p>Chicken Sandwich ●</p> <p>Turkey Corn Dog ■</p> <p><u>Choice of Side Dishes:</u></p> <p>Mixed Green Salad</p> <p>Soft Baked Pretzel Rod</p> <p>Applesauce</p> <p><u>Choice of Milk</u></p>	<p>26</p> <p><u>Must Choose 1 Entrée:</u></p> <p>Chef Salad ■</p> <p>Chicken Caesar Wrap ◆</p> <p>Beefy Nachos ▲</p> <p>*Shrimp Poppers ●</p> <p>w/Biscuit</p> <p><u>Choice of Side Dishes:</u></p> <p>Tossed Salad</p> <p>Seasoned Rice</p> <p>Chilled Mixed Fruit</p> <p><u>Choice of Milk</u></p>	<p>27</p> <p><u>Must Choose 1 Entrée:</u></p> <p>*Tossed Vegetable Salad▲</p> <p>Chicken Salad Pita ●</p> <p>Hot Dog ◆</p> <p>Minh Pork Egg Rolls ■</p> <p><u>Choice of Side Dishes:</u></p> <p>Lettuce & Tomato Salad</p> <p>Potato Triangles</p> <p>Fresh Fruit</p> <p><u>Choice of Milk</u></p> <p><i>Happy Birthday!</i></p> <p><i>w/meal: Chocolate Chip Cookie</i></p>	<p>28</p> <p><u>Must Choose 1 Entrée:</u></p> <p>*Caesar Salad ◆</p> <p>*PB&J Uncrustable ■</p> <p>Popcorn Chicken ●</p> <p>w/Breadstick</p> <p>*Italian Pasta▲</p> <p>w/Breadstick</p> <p><u>Choice of Side Dishes:</u></p> <p>Fresh Carrot Sticks</p> <p>Baked Chips</p> <p>Chilled Peaches</p> <p><u>Choice of Milk</u></p>	<p>29</p> <p><u>Must Choose 1 Entrée:</u></p> <p>Chicken Caesar Salad▲</p> <p>Ham & Cheese Wrap ◆</p> <p>Hamburger ●</p> <p>*UNO Pizza ■</p> <p><u>Choice of Side Dishes:</u></p> <p>Antipasto Salad</p> <p>Seasoned Corn</p> <p>Fresh Fruit</p> <p><u>Choice of Milk</u></p>

*Indicates Vegetarian Options
Menu Subject to Change

FOOD WISE SPY GUIDE

This new ranking system will assist students in choosing the entrees best suited for them. The Entrees are ranked based on total calories.

- Highest Calories
- High Calories
- ▲ Medium Calories
- ◆ Lowest Calories